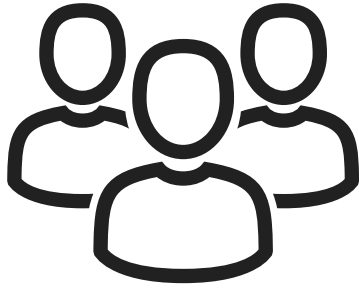




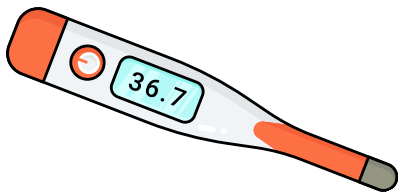
All Abilities Cheer and Dance Covid-19 and Illness Policy





As a team member of All Abilities Cheer and Dance, I will make sure I am keeping other people safe.

AT HOME



I will make sure I check my temperature before coming to my classes.

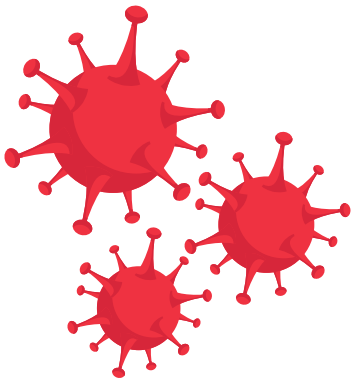


I will not come to class if my temperature is above 37 degrees.

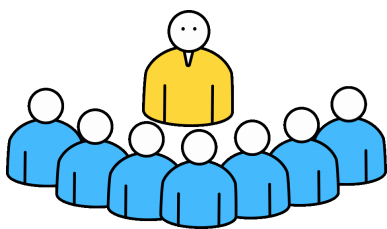
IN CLASS



If I am feeling unwell I will not come to class.



If I have tested positive for COVID-19 I will ask for my dance to be videoed so I can watch at home.



There will be changes in my classes that will be made to keep me and my teammates safe.

IN CLASS



**My coach will mark the roll
at the beginning of class.**

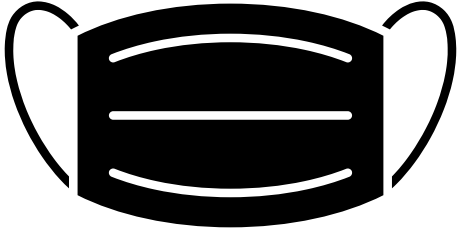


**I will wash my hands or use
hand sanitiser if I am asked
to.**



**Some of the coaches or other
teammates might wear face
masks to classes.**

IN CLASS



I will wear a face mask if have been near someone who has COVID-19.



During class, I cannot touch other teammates or coaches to keep them safe. This does not include in cheer where I need to. To say hello, I can touch elbows or wave at my friends and coaches.



I need to stand apart from my teammates and coaches.

AFTER CLASS



I will let my parent or support worker know about these changes.

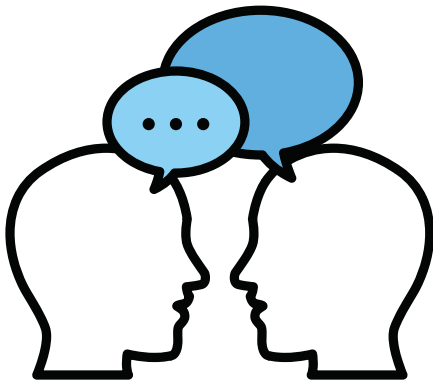


When class is over I can give my teammates a big smile, touch elbows or wave to say goodbye!

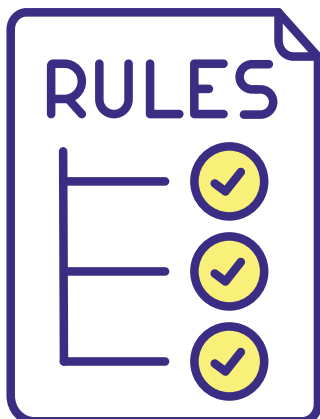
WHAT DO I DO IF I GET COVID



Please contact us as soon as you can to let us know that you have COVID-19.



It is important that we let people know who may have been close to you.



Follow SA Health Rules to keep others safe.

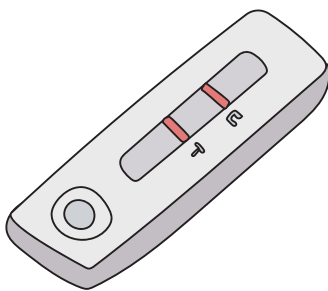


Please do not come to class until you feel better.

WHAT TO DO IF I AM A CLOSE CONTACT



We will let you know through a text or email if you have become a close contact at dance.



If you start to feel unwell please test for COVID-19.



If your coach tests positive, we will reschedule classes.